club mina

Le MERIDIEN
MINA SEYAHI BEACH RESORT & MARINA

CLUB MINA FITNESS CLASS RATES

* SUPER CIRCUIT ,POWER FULL , CIRCUIT & BUTT/TUMM & THIGHS (1 Hr.class)

CLUB MINA MEMBER	Free	
HOTEL GUEST	1 Session	50 AED.
CORPORATES and NON MEMBERS	1 Session	50 AED.

* TABATA & CORE CLASS (1/2 hr.class)

CLUB MINA MEMBER	FREE	
HOTEL GUEST	1 Session	30 AED.
CORPORATES	1 Session	30 AED.
NON MEMBERS	1 Session	50 AED.

* SUP FIT CLASS

ADULTS / KIDS		
CLUB MINA MEMBER	1 SESSION	30 AED.
CORPORATES / HOTEL GUEST	1 SESSION	50 AED.
NON MEMBERS	1 SESSION	90 AED. speciality class

* KAYAK

CLUB MINA MEMBER	1 SESSION	30 AED.
CORPORATES / HOTEL GUEST	1 SESSION	50 AED.
NON MEMBERS	1 SESSION	60 AED.

* DANCE OUT

MEMBERS / HOTEL / CORP.	45 AED.	
NON MEMBERS	60 AED.	
	8 Sessions	400 AED. good for 1 Month
	16 Sessions	750 AED. good for 1 & 1/2 Months

* PERSONAL TRAINING RATES

MEMBERS	1 Session	250 AED.
	10 Session	2200 AED. good for 1 month
	20 Sessions	3800 AED. good for 2 months
NON MEMBERS	1 Session	350 AED.
	10 Sessions	3000 AED. good for 3 months
	20 Sessions	5400 AED. good for 3 months

* INBODY ASSESMENT

	1 SESSION	100 AED.